## Fitness classes The Pods

## Accurate as of 28/04/2024

| Times for Sunday 24 February |                      |               | 0            |
|------------------------------|----------------------|---------------|--------------|
| Time                         | Session              | Facility      | Instructor   |
| 10:00 am - 11:00 am          | Les Mills BodyCombat | Energy Studio | Lisa / Anais |