The Pods Pool Timetable The Pods

Accurate as of 10/05/2024

| Times for Tuesday 19 February | | | | |
|-------------------------------|-----------------|---------------|---------|--|
| Time | Session | Facility | # Lanes | |
| 6:30 am - 8:30 am | Training Lane | Main Pool | 1 | |
| 6:30 am - 9:30 am | Lanes | Main Pool | 2 | |
| 8:30 am - 9:30 am | Adult Lessons | Main Pool | 6 | |
| 9:30 am - 10:30 am | Energize | Teaching Pool | | |
| 9:45 am - 10:45 am | Energize | Main Pool | 8 | |
| 10:30 am - 11:30 am | Casual Swim | Teaching Pool | | |
| 11:00 am - 12:30 pm | Lanes | Main Pool | 2 | |
| 11:00 am - 12:30 pm | Casual Swim | Main Pool | 6 | |
| 11:30 am - 1:30 pm | Swimlincs minis | Teaching Pool | | |
| 12:30 pm - 1:30 pm | Training Lane | Main Pool | 1 | |
| 12:30 pm - 1:30 pm | Adult Lanes | Main Pool | 7 | |
| 1:45 pm - 3:45 pm | Funsplash | Main Pool | 8 | |
| 1:45 pm - 3:45 pm | Funsplash | Teaching Pool | | |
| 4:00 pm - 5:30 pm | Casual Swim | Main Pool | 2 | |
| 4:00 pm - 7:00 pm | SwimLincs | Main Pool | 6 | |
| 4:00 pm - 7:00 pm | SwimLincs | Teaching Pool | | |
| 5:30 pm - 9:00 pm | Lanes | Main Pool | 2 | |
| 7:00 pm - 8:00 pm | Training Lane | Main Pool | 1 | |
| 7:00 pm - 8:00 pm | Casual Swim | Main Pool | 5 | |
| 8:00 pm - 9:00 pm | Adult Swim | Main Pool | 4 | |