## The Pods Pool Timetable The Pods

## Accurate as of 17/05/2024

Time         Session         Facility         # Lanes           6:30 am - 8:30 am         Training Lane         Main Pool         1           6:30 am - 9:30 am         Lanes         Main Pool         2           9:30 am - 10:30 am         Energize         Main Pool         6           9:30 am - 10:30 am         Energize         Teaching Pool         2           10:30 am - 11:30 am         Family Funsplash         Main Pool         4           11:30 am - 12:30 pm         Casual Swim         Main Pool         6           11:30 am - 12:30 pm         Lanes         Main Pool         6           11:30 am - 12:30 pm         SwimLincs         Teaching Pool         2           11:30 am - 12:30 pm         Adult Lanes         Main Pool         7           12:30 pm - 1:30 pm         Adult Lanes         Main Pool         7           12:30 pm - 1:30 pm         Training Lane         Main Pool         1           1:45 pm - 2:45 pm         Energize         Main Pool         1           1:45 pm - 3:45 pm         Funsplash         Teaching Pool           3:00 pm - 3:45 pm         Funsplash         Main Pool         2           4:00 pm - 7:00 pm         SwimLincs         Main Pool         6      <	Times for Friday 19 April			<b>(</b>
6:30 am - 9:30 am       Lanes       Main Pool       2         9:30 am - 10:30 am       Energize       Main Pool       6         9:30 am - 10:30 am       Lanes       Main Pool       2         9:30 am - 10:30 am       Energize       Teaching Pool         10:30 am - 11:30 am       Family Funsplash       Main Pool         10:30 am - 11:30 am       Family Funsplash       Teaching Pool         11:30 am - 12:30 pm       Casual Swim       Main Pool       6         11:30 am - 12:30 pm       Lanes       Main Pool       2         11:30 am - 1:30 pm       SwimLincs       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:45 pm - 2:45 pm       Energize       Main Pool       1         1:45 pm - 3:45 pm       Funsplash       Teaching Pool         4:00 pm - 3:45 pm       Funsplash       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       6         7:00 pm - 9:00 pm       Private Hire	Time	Session	Facility	# Lanes
9:30 am - 10:30 am	6:30 am - 8:30 am	Training Lane	Main Pool	1
9:30 am - 10:30 am	6:30 am - 9:30 am	Lanes	Main Pool	2
9:30 am - 10:30 am	9:30 am - 10:30 am	Energize	Main Pool	6
10:30 am - 11:30 am       Family Funsplash       Main Pool         10:30 am - 11:30 am       Family Funsplash       Teaching Pool         11:30 am - 12:30 pm       Casual Swim       Main Pool       6         11:30 am - 12:30 pm       Lanes       Main Pool       2         11:30 am - 1:30 pm       SwimLincs       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:45 pm - 2:45 pm       Energize       Main Pool       1         1:45 pm - 3:45 pm       Funsplash       Teaching Pool         3:00 pm - 3:45 pm       Funsplash       Main Pool       2         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	9:30 am - 10:30 am	Lanes	Main Pool	2
10:30 am - 11:30 am       Family Funsplash       Teaching Pool         11:30 am - 12:30 pm       Casual Swim       Main Pool       6         11:30 am - 12:30 pm       Lanes       Main Pool       2         11:30 am - 1:30 pm       SwimLincs       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:45 pm - 2:45 pm       Energize       Main Pool       1         1:45 pm - 3:45 pm       Funsplash       Teaching Pool         3:00 pm - 3:45 pm       Funsplash       Main Pool       2         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	9:30 am - 10:30 am	Energize	Teaching Pool	
11:30 am - 12:30 pm       Casual Swim       Main Pool       6         11:30 am - 12:30 pm       Lanes       Main Pool       2         11:30 am - 1:30 pm       SwimLincs       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:45 pm - 2:45 pm       Energize       Main Pool       1         1:45 pm - 3:45 pm       Funsplash       Teaching Pool         3:00 pm - 3:45 pm       Funsplash       Main Pool       2         4:00 pm - 5:30 pm       Casual Swim       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	10:30 am - 11:30 am	Family Funsplash	Main Pool	
11:30 am - 12:30 pm       Lanes       Main Pool       2         11:30 am - 1:30 pm       SwimLincs       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:45 pm - 2:45 pm       Energize       Main Pool       1         1:45 pm - 3:45 pm       Funsplash       Teaching Pool         3:00 pm - 3:45 pm       Funsplash       Main Pool       2         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	10:30 am - 11:30 am	Family Funsplash	Teaching Pool	
11:30 am - 1:30 pm       SwimLincs       Teaching Pool         12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:45 pm - 2:45 pm       Energize       Main Pool         1:45 pm - 3:45 pm       Funsplash       Teaching Pool         3:00 pm - 3:45 pm       Funsplash       Main Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	11:30 am - 12:30 pm	Casual Swim	Main Pool	6
12:30 pm - 1:30 pm       Adult Lanes       Main Pool       7         12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:45 pm - 2:45 pm       Energize       Main Pool       1         1:45 pm - 3:45 pm       Funsplash       Teaching Pool         3:00 pm - 3:45 pm       Funsplash       Main Pool       2         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	11:30 am - 12:30 pm	Lanes	Main Pool	2
12:30 pm - 1:30 pm       Training Lane       Main Pool       1         1:45 pm - 2:45 pm       Energize       Main Pool         1:45 pm - 3:45 pm       Funsplash       Teaching Pool         3:00 pm - 3:45 pm       Funsplash       Main Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	11:30 am - 1:30 pm	SwimLincs	Teaching Pool	
1:45 pm - 2:45 pm       Energize       Main Pool         1:45 pm - 3:45 pm       Funsplash       Teaching Pool         3:00 pm - 3:45 pm       Funsplash       Main Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	12:30 pm - 1:30 pm	Adult Lanes	Main Pool	7
1:45 pm - 3:45 pm       Funsplash       Teaching Pool         3:00 pm - 3:45 pm       Funsplash       Main Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	12:30 pm - 1:30 pm	Training Lane	Main Pool	1
3:00 pm - 3:45 pm       Funsplash       Main Pool         4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	1:45 pm - 2:45 pm	Energize	Main Pool	
4:00 pm - 5:30 pm       Casual Swim       Main Pool       2         4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	1:45 pm - 3:45 pm	Funsplash	Teaching Pool	
4:00 pm - 7:00 pm       SwimLincs       Main Pool       6         4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	3:00 pm - 3:45 pm	Funsplash	Main Pool	
4:00 pm - 7:00 pm       SwimLincs       Teaching Pool         5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	4:00 pm - 5:30 pm	Casual Swim	Main Pool	2
5:30 pm - 8:00 pm       Lanes       Main Pool       2         7:00 pm - 9:00 pm       Private Hire       Main Pool       6	4:00 pm - 7:00 pm	SwimLincs	Main Pool	6
7:00 pm - 9:00 pm Private Hire Main Pool 6	4:00 pm - 7:00 pm	SwimLincs	Teaching Pool	
	5:30 pm - 8:00 pm	Lanes	Main Pool	2
8:00 pm - 9:00 pm Adult Swim Main Pool 1	7:00 pm - 9:00 pm	Private Hire	Main Pool	6
	8:00 pm - 9:00 pm	Adult Swim	Main Pool	1