

# The Pods Pool Timetable

## The Pods

Accurate as of 10/05/2024

| Times for Monday 24 June |               |               |         |  |
|--------------------------|---------------|---------------|---------|---|
| Time                     | Session       | Facility      | # Lanes |   |
| 6:30 am - 8:30 am        | Lanes         | Main Pool     | 2       |   |
| 6:30 am - 8:30 am        | Training Lane | Main Pool     | 1       |   |
| 9:00 am - 4:00 pm        | Swimming Gala | Main Pool     | 8       |   |
| 9:30 am - 11:30 am       | Casual Swim   | Main Pool     | 1       |   |
| 9:30 am - 11:30 am       | Lanes         | Main Pool     | 2       |   |
| 9:30 am - 11:30 am       | Schools       | Main Pool     | 5       |   |
| 9:30 am - 11:30 am       | Schools       | Teaching Pool |         |   |
| 11:30 am - 12:30 pm      | Lanes         | Main Pool     | 2       |   |
| 11:30 am - 1:30 pm       | Casual Swim   | Teaching Pool |         |   |
| 12:30 pm - 1:30 pm       | Adult Lanes   | Main Pool     | 7       |   |
| 12:30 pm - 1:30 pm       | Training Lane | Main Pool     | 1       |   |
| 1:30 pm - 2:30 pm        | Casual Swim   | Main Pool     | 1       |   |
| 1:30 pm - 2:30 pm        | Lanes         | Main Pool     | 2       |   |
| 1:30 pm - 2:30 pm        | Schools       | Main Pool     | 5       |   |
| 1:30 pm - 2:30 pm        | Schools       | Teaching Pool |         |   |
| 2:30 pm - 3:45 pm        | Lanes         | Main Pool     | 2       |   |
| 2:30 pm - 3:45 pm        | Casual Swim   | Main Pool     | 6       |   |
| 2:30 pm - 3:45 pm        | Casual Swim   | Teaching Pool |         |   |
| 4:00 pm - 5:30 pm        | Casual Swim   | Main Pool     | 2       |   |
| 4:00 pm - 6:00 pm        | SwimLincs     | Main Pool     | 6       |   |
| 4:00 pm - 7:00 pm        | SwimLincs     | Teaching Pool |         |   |

| Time              | Session      | Facility  | # Lanes |
|-------------------|--------------|-----------|---------|
| 5:30 pm - 9:00 pm | Lanes        | Main Pool | 2       |
| 6:00 pm - 8:00 pm | Private Hire | Main Pool | 6       |
| 8:00 pm - 9:00 pm | Adult Swim   | Main Pool | 2       |