The Pods Pool Timetable The Pods

Accurate as of 10/05/2024

Time Ses	ssion		
Time Ses	SSION	Facility	# Lanes
6:30 am - 8:30 am Lan	nes	Main Pool	2
6:30 am - 8:30 am Trai	ining Lane	Main Pool	1
9:00 am - 4:00 pm Swi	imming Gala	Main Pool	8
9:30 am - 11:30 am Cas	sual Swim	Main Pool	1
9:30 am - 11:30 am Sch	nools	Main Pool	5
9:30 am - 11:30 am Lan	nes	Main Pool	2
9:30 am - 11:30 am Sch	nools	Teaching Pool	
11:30 am - 12:30 pm Lan	nes	Main Pool	2
11:30 am - 12:30 pm Cas	sual Swim	Main Pool	6
11:30 am - 1:30 pm Cas	sual Swim	Teaching Pool	
12:30 pm - 1:30 pm Adu	ult Lanes	Main Pool	7
12:30 pm - 1:30 pm Trai	ining Lane	Main Pool	1
1:30 pm - 2:30 pm Cas	sual Swim	Main Pool	1
1:30 pm - 2:30 pm Sch	nools	Main Pool	5
1:30 pm - 2:30 pm Lan	nes	Main Pool	2
1:30 pm - 2:30 pm Sch	nools	Teaching Pool	
2:30 pm - 3:45 pm Lan	nes	Main Pool	2
2:30 pm - 3:45 pm Cas	sual Swim	Main Pool	6
2:30 pm - 3:45 pm Cas	sual Swim	Teaching Pool	
4:00 pm - 5:30 pm Cas	sual Swim	Main Pool	2
4:00 pm - 6:00 pm Swi	imLincs	Main Pool	6

Time	Session	Facility	# Lanes
4:00 pm - 7:00 pm	SwimLincs	Teaching Pool	
5:30 pm - 9:00 pm	Lanes	Main Pool	2
6:00 pm - 8:00 pm	Private Hire	Main Pool	6
8:00 pm - 9:00 pm	Adult Swim	Main Pool	2
8:00 pm - 9:00 pm	Training Lane	Main Pool	2