

# The Pods Pool Timetable

## The Pods

Accurate as of 28/07/2024

### Times for Tuesday 23 July



Time	Session	Facility	# Lanes
6:30 am - 7:30 am	Lanes	Main Pool	
6:30 am - 10:00 am	Lanes	Main Pool	
6:30 am - 11:00 am	Training Lane	Main Pool	
7:30 am - 9:15 am	Adult Swim	Main Pool	
9:00 am - 11:00 am	Swimming lessons	Teaching Pool	
9:15 am - 11:00 am	Casual Swim	Main Pool	
11:30 am - 12:15 pm	Good Boost	Main Pool	
11:30 am - 12:30 pm	Summer Daze	Main Pool	
11:30 am - 12:30 pm	Summer Daze	Teaching Pool	
12:45 pm - 1:30 pm	Training Lane	Main Pool	
12:45 pm - 1:30 pm	Adult Lanes	Main Pool	
1:45 pm - 3:00 pm	Summer Daze	Main Pool	
1:45 pm - 3:00 pm	Summer Daze	Teaching Pool	
3:00 pm - 3:45 pm	Casual Swim	Main Pool	
3:00 pm - 3:45 pm	Good Boost	Main Pool	
3:00 pm - 3:45 pm	Casual Swim	Teaching Pool	
4:00 pm - 5:30 pm	Casual Swim	Main Pool	
4:00 pm - 7:00 pm	SwimLincs	Main Pool	
4:00 pm - 7:00 pm	SwimLincs	Teaching Pool	
5:30 pm - 9:00 pm	Adult Lanes	Main Pool	
7:00 pm - 8:00 pm	Training Lane	Main Pool	

<b>Time</b>	<b>Session</b>	<b>Facility</b>	<b># Lanes</b>
7:00 pm - 8:00 pm	Casual Swim	Main Pool	
8:00 pm - 9:00 pm	Adult Swim	Main Pool	
8:00 pm - 9:00 pm	NPLQ	Main Pool	