


# The Pods Pool Timetable

## The Pods

Accurate as of 01/09/2024

Times for Sunday 28 July				
Time	Session	Facility	# Lanes	
8:00 am - 9:00 am	Adult Swim	Main Pool	6	
8:00 am - 10:30 am	Lanes	Main Pool	2	
9:00 am - 10:30 am	Family Casual Swim	Teaching Pool		
9:00 am - 10:30 am	Family Casual Swim	Main Pool	6	
10:30 am - 12:00 pm	Funsplash	Teaching Pool		
10:30 am - 12:00 pm	Funsplash	Main Pool	6	
12:00 pm - 1:15 pm	Casual Swim	Teaching Pool		
12:00 pm - 1:15 pm	Casual Swim	Main Pool	6	
12:00 pm - 1:30 pm	Lanes	Main Pool	2	
1:30 pm - 2:30 pm	Summer Daze - SEND swim	Teaching Pool		
1:30 pm - 2:30 pm	Summer Daze - SEND swim	Main Pool		
3:00 pm - 4:00 pm	Private Hire	Teaching Pool		
3:00 pm - 5:00 pm	Private Hire	Main Pool		