The Pods Pool Timetable The Pods

Accurate as of 30/07/2024

Time Session Facility # Lanes 6:30 am - 7:30 am Lanes Main Pool 6:30 am - 9:15 am Training Lane Main Pool 7:30 am - 9:15 am Adult Swim Main Pool 9:00 am - 9:15 am Adult Swim Main Pool 9:00 am - 11:30 am Swimming lessons Teaching Pool 9:30 am - 10:15 am Giant pool inflatable Main Pool 11:30 am - 12:15 pm Good Boost Main Pool 11:30 am - 12:30 pm Summer Daze Main Pool 11:30 am - 12:30 pm Summer Daze Teaching Pool 12:45 pm - 1:30 pm Training Lane Main Pool 12:45 pm - 1:30 pm Adult Lanes Main Pool 1:45 pm - 3:00 pm Summer daze - family swim Main Pool 1:45 pm - 3:00 pm Summer daze - family swim Teaching Pool 3:00 pm - 3:45 pm Casual Swim Main Pool 3:00 pm - 3:45 pm Casual Swim Teaching Pool 4:00 pm - 5:30 pm Casual Swim Main Pool 4:00 pm - 6:00 pm SwimLincs Main Pool <	Times for Monday 5 August				
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Time	Session	Facility	# Lanes
6:00 pm - 8:00 pm	Private Hire	Main Pool	
6:15 pm - 8:00 pm	Adult Lanes	Main Pool	
8:00 pm - 9:00 pm	Adult Lanes	Main Pool	