

The Pods Pool Timetable

The Pods

Accurate as of 03/09/2024

Times for Sunday 1 September



| Time | Session | Facility | # Lanes |
|---------------------|-------------------------|---------------|---------|
| 8:00 am - 9:00 am | Adult Swim | Main Pool | 6 |
| 8:00 am - 10:30 am | Lanes | Main Pool | 2 |
| 9:00 am - 10:30 am | Family Casual Swim | Teaching Pool | |
| 9:00 am - 10:30 am | Family Casual Swim | Main Pool | 6 |
| 10:30 am - 12:00 pm | Funsplash | Teaching Pool | |
| 10:30 am - 12:00 pm | Funsplash | Main Pool | 6 |
| 12:00 pm - 1:15 pm | Casual Swim | Teaching Pool | |
| 12:00 pm - 1:15 pm | Casual Swim | Main Pool | 6 |
| 12:00 pm - 1:30 pm | Lanes | Main Pool | 2 |
| 1:30 pm - 2:30 pm | Summer Daze - SEND swim | Teaching Pool | |
| 1:30 pm - 2:30 pm | Summer Daze - SEND swim | Main Pool | |
| 3:00 pm - 4:00 pm | Private Hire | Teaching Pool | |
| 3:00 pm - 5:00 pm | Private Hire | Main Pool | |