The Pods Pool Timetable The Pods

Accurate as of 22/11/2024

Time Session Facility # Lanes 6:30 am - 7:30 am Lanes Main Pool 5 6:30 am - 9:30 am Lanes Main Pool 2 6:30 am - 9:30 am Training Lane Main Pool 1 7:30 am - 9:30 am Adult Swim Main Pool 5 9:30 am - 11:30 am Lanes Main Pool 2 9:30 am - 11:30 am Schools Teaching Pool 9:30 am - 11:30 am Casual Swim Main Pool 1 11:30 am - 12:15 pm Good Boost Main Pool 1 11:30 am - 12:30 pm Lanes Main Pool 2 11:30 am - 12:30 pm Casual Swim Main Pool 5 11:30 am - 12:30 pm Casual Swim Teaching Pool 5
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11:30 am - 1:30 pm Casual Swim Teaching Pool
12:45 pm - 1:30 pm Training Lane Main Pool 1
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12:45 pm - 1:30 pm Adult Lanes Main Pool 7
1:30 pm - 2:30 pm Lanes Main Pool 2
1:30 pm - 2:30 pm Schools Main Pool 5
1:30 pm - 2:30 pm Schools Teaching Pool
1:30 pm - 2:30 pm Casual Swim Main Pool 1
2:30 pm - 3:30 pm Lanes Main Pool 2
2:30 pm - 3:45 pm Casual Swim Main Pool 5
2:30 pm - 3:45 pm Casual Swim Teaching Pool

Time	Session	Facility	# Lanes
3:00 pm - 3:45 pm	Good Boost	Main Pool	1
4:00 pm - 5:30 pm	Casual Swim	Main Pool	2
4:00 pm - 7:00 pm	SwimLincs	Main Pool	6
4:00 pm - 7:00 pm	SwimLincs	Teaching Pool	
5:30 pm - 9:00 pm	Adult Lanes	Main Pool	2
7:00 pm - 8:00 pm	Training Lane	Main Pool	1
7:00 pm - 8:00 pm	Casual Swim	Main Pool	5
8:00 pm - 9:00 pm	Adult Swim	Main Pool	3