## Fitness Classes (Highfield Campus) Jubilee Sports Centre

## Accurate as of 07/05/2024

| Times for Tuesday 2 June |                     |               |            | 0            |
|--------------------------|---------------------|---------------|------------|--------------|
| Time                     | Session             | Facility      | Instructor | Туре         |
| 12:00 - 12:30            | Stretch             | Facebook Live | Maxine     | Conditioning |
| 17:00 - 17:30            | Mobility & Strength | Facebook Live |            | Conditioning |