## Fitness Classes (Highfield Campus) Jubilee Sports Centre

Accurate as of 01/07/2024

| Times for Saturday 29 June |           |                 |            | •            |
|----------------------------|-----------|-----------------|------------|--------------|
| Time                       | Session   | Facility        | Instructor | Туре         |
| 10:10 - 10:55              | Core Body | JSC Sports Hall |            | Conditioning |
| 11:00 - 11:45              | Dance Fit | JSC Sports Hall |            | Dance        |