

# Team Southampton Gym

## Wide Lane Sports Ground

Accurate as of 18/05/2024

Times for Tuesday 8 October

Time	Session	Facility
18:00 - 19:00	Medics Rugby	Gym
19:00 - 20:00	AU Boat Club (Mens)	Gym
20:00 - 21:00	AU Olympic Weightlifting	Gym