

# Team Southampton Gym

## Wide Lane Sports Ground

Accurate as of 19/05/2024

Times for Thursday 10 October

Time	Session	Facility
18:00 - 19:00	AU Tennis Club	Gym
19:00 - 20:00	AU Trampolining Club	Gym
20:00 - 21:00	AU Swim Club	Gym
21:00 - 21:45	Open for General use	Gym