Team Southampton Gym Wide Lane Sports Ground

Accurate as of 18/05/2024

| Times for Friday 11 October | | |
|-----------------------------|-------------------------|----------|
| Time | Session | Facility |
| 09:00 - 10:00 | AU Rugby Club - Women's | Gym |
| 10:00 - 18:00 | Open for General use | Gym |
| 18:00 - 19:00 | AU Netball | Gym |
| 19:00 - 20:00 | AU Road Cycle | Gym |
| 20:00 - 21:00 | AU Rugby Club | Gym |