

# Team Southampton Gym

## Wide Lane Sports Ground

Accurate as of 24/04/2024

### Times for Tuesday 15 October



Time	Session	Facility
18:00 - 19:00	Medics Rugby	Gym
19:00 - 20:00	AU Boat Club (Mens)	Gym
20:00 - 21:00	AU Olympic Weightlifting	Gym