

# swimming pool programme

## Goldsworth Park

Accurate as of 29/04/2024

### Times for Monday 15 July



| Time              | Session       | Facility  | Level |
|-------------------|---------------|-----------|-------|
| 9:00 am - 4:00 pm | School Use    | main pool |       |
| 1:15 pm - 2:00 pm | Aqua Aerobics | main pool |       |
| 3:30 pm - 6:00 pm | Swim School   | main pool |       |
| 6:00 pm - 8:00 pm | Adult Lessons | main pool |       |
| 8:00 pm - 9:30 pm | Adult Swim    | main pool |       |