

# swimming pool programme

## Goldsworth Park

Accurate as of 29/04/2024

Times for Monday 21 October			
Time	Session	Facility	Level
9:00 am - 4:00 pm	School Use	main pool	
1:15 pm - 2:00 pm	Aqua Aerobics	main pool	
3:30 pm - 6:00 pm	Swim School	main pool	
6:00 pm - 8:00 pm	Adult Lessons	main pool	
8:00 pm - 9:30 pm	Adult Swim	main pool	