exercise class programme Nunnery Wood Sports Complex

Accurate as of 02/05/2024

| Times for Thursday 25 January | | | • |
|-------------------------------|------------------------|------------|-------|
| Time | Session | Facility | Level |
| 6:00 pm - 6:45 pm | Body Sculpt | small hall | |
| 6:15 pm - 7:00 pm | Freedom Indoor Cycling | gym 2 | |