

# public swimming programme

## Arun Leisure Centre

Accurate as of 17/05/2025

### Times for Sunday 19 January



Time	Session	Facility	Level
7:30 am - 9:00 am	Open Swim (half pool)	main pool	
7:30 am - 9:00 am	Swim School	main pool	
8:00 am - 8:30 am	Open Swim	teaching pool	
8:30 am - 12:30 pm	Open Swim (half pool)	teaching pool	
8:30 am - 12:30 pm	Swim School	teaching pool	
9:00 am - 8:30 pm	Open Swim	main pool	
10:00 am - 12:00 pm	Slide / Flume Available	teaching pool	
12:30 pm - 7:30 pm	Open Swim	teaching pool	
2:00 pm - 5:00 pm	Slide / Flume Available	teaching pool	