

# public swimming programme

## Arun Leisure Centre

Accurate as of 04/05/2024

Times for Saturday 25 January			
Time	Session	Facility	Level
7:30 am - 8:30 am	Hydrospin	main pool	
7:30 am - 12:00 pm	Open Swim (half pool)	main pool	
9:00 am - 12:00 pm	Swim School	main pool	
9:00 am - 12:00 pm	Pool Closed	teaching pool	
12:00 pm - 1:45 pm	Open Swim	teaching pool	
12:00 pm - 1:45 pm	Open Swim	main pool	
1:00 pm - 6:30 pm	Slide / Flume Available	teaching pool	
1:45 pm - 3:45 pm	Inflatable Fun (6-16yrs)	main pool	
1:45 pm - 3:45 pm	Floats & Fun	teaching pool	
3:45 pm - 7:00 pm	Open Swim	main pool	
3:45 pm - 7:00 pm	Open Swim	teaching pool	