

# public swimming programme

## Arun Leisure Centre

Accurate as of 04/05/2024

### Times for Sunday 26 January



| Time                | Session                 | Facility      | Level |
|---------------------|-------------------------|---------------|-------|
| 7:30 am - 9:00 am   | Open Swim (half pool)   | main pool     |       |
| 7:30 am - 9:00 am   | Swim School             | main pool     |       |
| 8:00 am - 8:30 am   | Open Swim               | teaching pool |       |
| 8:30 am - 12:30 pm  | Open Swim (half pool)   | teaching pool |       |
| 8:30 am - 12:30 pm  | Swim School             | teaching pool |       |
| 9:00 am - 8:30 pm   | Open Swim               | main pool     |       |
| 10:00 am - 12:00 pm | Slide / Flume Available | teaching pool |       |
| 12:30 pm - 7:30 pm  | Open Swim               | teaching pool |       |
| 2:00 pm - 5:00 pm   | Slide / Flume Available | teaching pool |       |