

# public swimming programme

## Arun Leisure Centre

Accurate as of 18/04/2024

### Times for Monday 17 August



Time	Session	Facility	Level
6:30 am - 9:30 am	Open Swim (3 lanes)	main pool	
2:15 pm - 3:00 pm	Open Swim	main pool	
3:30 pm - 4:15 pm	Open Swim	main pool	
6:00 pm - 7:15 pm	Open Swim (3 lanes)	main pool	