public swimming programme

Arun Leisure Centre

Accurate as of 20/05/2024

Times for Monday 25 March

Time	Session	Facility	Level
6:30 am - 9:30 am	Open Swim (3 lanes)	main pool	
9:00 am - 10:00 am	Open Swim	teaching pool	
9:30 am - 10:15 am	Pool Closed	main pool	
10:00 am - 2:45 pm	Pool Closed	teaching pool	
10:15 am - 3:40 pm	Open Swim (3 lanes)	main pool	
2:45 pm - 3:40 pm	Open Swim	teaching pool	
3:40 pm - 6:00 pm	Pool Closed	main pool	
3:40 pm - 10:00 pm	Pool Closed	teaching pool	
6:00 pm - 7:15 pm	Open Swim (3 lanes)	main pool	
7:15 pm - 8:00 pm	Pool Closed	main pool	
8:00 pm - 8:30 pm	Open Swim (3 lanes)	main pool	
8:30 pm - 9:00 pm	Open Swim (2 lanes)	main pool	