## **public swimming programme Arun Leisure Centre**

## Accurate as of 20/05/2024

Times for Wednesday 27 March				<u>()</u>
Time	Session	Facility	Level	
6:30 am - 9:15 am	Open Swim (3 lanes)	main pool		
9:00 am - 9:15 am	Open Swim	teaching pool		
9:15 am - 10:00 am	Open Swim (half pool)	teaching pool		
9:15 am - 12:45 pm	Pool Closed	main pool		
10:00 am - 10:00 pm	Pool Closed	teaching pool		
12:45 pm - 2:00 pm	Open Swim (3 lanes)	main pool		
2:00 pm - 3:00 pm	GP Referral Hydrospin	main pool		
2:00 pm - 3:00 pm	Open Swim (2 lanes)	main pool		
3:00 pm - 3:40 pm	Open Swim (3 lanes)	main pool		
3:40 pm - 5:30 pm	Pool Closed	main pool		
5:30 pm - 6:00 pm	Open Swim (3 lanes)	main pool		
6:00 pm - 9:00 pm	Open Swim (1 lane)	main pool		