

public swimming programme

Arun Leisure Centre

Accurate as of 20/05/2024

Times for Friday 5 April



Time	Session	Facility	Level
6:30 am - 1:00 pm	Open Swim (3 lanes)	main pool	
9:00 am - 10:30 am	Open Swim	teaching pool	
10:30 am - 11:30 am	Pool Closed	teaching pool	
11:30 am - 1:00 pm	Open Swim	teaching pool	
1:00 pm - 3:00 pm	Floats & Fun	main pool	
1:00 pm - 3:00 pm	Floats & Fun	teaching pool	
3:00 pm - 3:40 pm	Open Swim (3 lanes)	main pool	
3:00 pm - 3:40 pm	Open Swim	teaching pool	
3:40 pm - 6:00 pm	Pool Closed	main pool	
3:40 pm - 10:00 pm	Pool Closed	teaching pool	
6:00 pm - 6:30 pm	Open Swim (2 lanes)	main pool	
6:30 pm - 7:30 pm	Open Swim (3 lanes)	main pool	
7:30 pm - 8:30 pm	Open Swim (1 lane)	main pool	
8:30 pm - 10:00 pm	Pool Closed	main pool	