Activity Timetable

Impulse Leisure - Corringham

Accurate as of 27/04/2024

Times for Friday 5 June

Time	Session	Facility	Type
9:00 am - 10:00 am	Circuits	Studio	Cardio/ Fat Burners
10:30 am - 11:30 am	Pilates	Studio	Mind, Wellbeing & Low Impact