## group exercise programme East Radnor Leisure Centre

## Accurate as of 01/05/2024

Times for Thursday 20 December				<b>(</b>
Time	Session	Facility	Level	
6:00 pm - 6:45 pm	Sbinio / Spinning ®	Studio	all levels	
7:00 pm - 8:00 pm	Kettlebells	Sports Hall	all levels	