group exercise programme East Radnor Leisure Centre

Accurate as of 21/05/2024

Times for Thursday 5 December				<u>()</u>
Time	Session	Facility	Level	
6:00 pm - 6:45 pm	Sbinio / Spinning ®	Studio	all levels	
7:00 pm - 8:00 pm	Kettlebells	Sports Hall	all levels	