

# VIRTUAL Class Timetable

## Teme Ludlow

Accurate as of 17/05/2025

### Times for Saturday 20 April



Time	Session	Facility
07:30 - 08:00	CXWORX™ Virtual	Studio 2
08:03 - 08:48	SH'BAM™ Virtual	Studio 2
09:00 - 10:00	BODYBALANCE™ Virtual	Studio 2
10:03 - 10:33	BODYCOMBAT™ Virtual	Studio 2
11:00 - 12:00	BODYBALANCE™ Virtual	Studio 2
12:03 - 12:48	SH'BAM™ Virtual	Studio 2
13:00 - 13:30	CXWORX™ Virtual	Studio 2
14:00 - 15:00	BODYCOMBAT™ Virtual	Studio 2