VIRTUAL Class Timetable

Teme Ludlow

Accurate as of 12/10/2024

Times for Monday 22 April

Time	Session	Facility
07:00 - 08:00	BODYBALANCE™ Virtual	Studio 2
08:03 - 08:33	CXWORX™ Virtual	Studio 2
09:00 - 10:00	BODYCOMBAT™ Virtual	Studio 2
10:03 - 10:48	SH'BAM™ Virtual	Studio 2
11:00 - 12:00	BODYBALANCE™ Virtual	Studio 2
12:03 - 12:33	CXWORX™ Virtual	Studio 2
13:00 - 14:00	BODYCOMBAT™ Virtual	Studio 2
14:03 - 14:48	SH'BAM™ Virtual	Studio 2
15:00 - 16:00	BODYBALANCE™ Virtual	Studio 2
16:03 - 16:33	CXWORX™ Virtual	Studio 2
17:00 - 17:45	SH'BAM™ Virtual	Studio 2
18:00 - 19:00	BODYCOMBAT™ Virtual	Studio 2
19:03 - 19:33	CXWORX™ Virtual	Studio 2
20:00 - 20:45	SH'BAM™ Virtual	Studio 2
21:00 - 22:00	BODYBALANCE™ Virtual	Studio 2