

VIRTUAL Class Timetable

Teme Ludlow

Accurate as of 27/04/2024

Times for Friday 26 April



| Time | Session | Facility |
|---------------|----------------------|----------|
| 08:30 - 09:00 | CXWORX™ Virtual | Studio 2 |
| 10:15 - 11:15 | BODYBALANCE™ Virtual | Studio 2 |
| 11:30 - 12:30 | BODYCOMBAT™ Virtual | Studio 2 |
| 17:00 - 17:30 | BODYCOMBAT™ Virtual | Studio 2 |
| 17:35 - 18:05 | CXWORX™ Virtual | Studio 2 |