

# VIRTUAL Class Timetable

## Teme Ludlow

Accurate as of 20/04/2024

### Times for Thursday 22 August



Time	Session	Facility
07:05 - 07:35	BODYCOMBAT™ Virtual	Studio 2
10:50 - 11:20	CXWORX™ Virtual	Studio 2
19:30 - 20:30	BODYBALANCE™ Virtual	Studio 2
20:35 - 21:05	CXWORX™ Virtual	Studio 2