

VIRTUAL Class Timetable

Teme Ludlow

Accurate as of 06/05/2024

Times for Thursday 25 April



| Time | Session | Facility |
|---------------|----------------------|----------|
| 07:05 - 07:35 | BODYCOMBAT™ Virtual | Studio 2 |
| 10:50 - 11:20 | CXWORX™ Virtual | Studio 2 |
| 19:30 - 20:30 | BODYBALANCE™ Virtual | Studio 2 |
| 20:35 - 21:05 | CXWORX™ Virtual | Studio 2 |