

Swimming Timetable

Impulse Leisure - Belhus Park Golf Club & Leisure Centre

Accurate as of 27/07/2024

Times for Tuesday 5 March



| Time | Session | Facility | Level | Type |
|---------------------|------------------------|---------------|------------|----------|
| 7:00 am - 9:00 am | Staff Training | Main Pool | | Swimming |
| 7:00 am - 9:00 am | Staff Training | Teaching Pool | | Swimming |
| 10:00 am - 11:00 am | Lane Swim | Main Pool | Fast | Swimming |
| 10:00 am - 11:00 am | Family Swim | Teaching Pool | All Levels | Swimming |
| 10:00 am - 11:00 am | Lane Swim | Main Pool | Slow | Swimming |
| 1:00 pm - 2:00 pm | Lane Swim | Main Pool | Fast | Swimming |
| 1:00 pm - 2:00 pm | Family Swim | Teaching Pool | All Levels | Swimming |
| 1:00 pm - 2:00 pm | Lane Swim | Main Pool | Slow | Swimming |
| 3:00 pm - 4:00 pm | Lane Swim | Main Pool | Fast | Swimming |
| 3:00 pm - 4:00 pm | Family Swim | Teaching Pool | All Levels | Swimming |
| 3:00 pm - 4:00 pm | Lane Swim | Main Pool | Slow | Swimming |
| 4:00 pm - 5:00 pm | Public Swim | Main Pool | All Levels | Swimming |
| 4:00 pm - 5:00 pm | iSwim Swimming Lessons | Teaching Pool | | Swimming |
| 5:00 pm - 7:00 pm | iSwim Swimming Lessons | Main Pool | | Swimming |
| 7:00 pm - 8:00 pm | Public Swim | Main Pool | All Levels | Swimming |
| 7:00 pm - 8:00 pm | Family Swim | Teaching Pool | All Levels | Swimming |
| 8:30 pm - 9:30 pm | Lane Swim | Main Pool | Fast | Swimming |
| 8:30 pm - 9:30 pm | Family Swim | Teaching Pool | All Levels | Swimming |
| 8:30 pm - 9:30 pm | Lane Swim | Main Pool | Slow | Swimming |