

# Swimming Timetable

## Impulse Leisure - Belhus Park Golf Club & Leisure Centre

Accurate as of 18/05/2024

### Times for Friday 3 May



Time	Session	Facility	Level	Type
7:00 am - 8:00 am	Lane Swim	Main Pool	Fast	Swimming
7:00 am - 8:00 am	Family Swim	Teaching Pool	All Levels	Swimming
7:00 am - 8:00 am	Lane Swim	Main Pool	Slow	Swimming
8:30 am - 9:30 am	Lane Swim	Main Pool	Fast	Swimming
8:30 am - 9:30 am	Family Swim	Teaching Pool	All Levels	Swimming
8:30 am - 9:30 am	Lane Swim	Main Pool	Slow	Swimming
10:30 am - 11:15 am	Aqua Blast Aerobics	Main Pool	NA	Water Based
11:30 am - 12:30 pm	Public Swim	Main Pool	All Levels	Swimming
11:30 am - 1:30 pm	Private Hire	Teaching Pool		Swimming
1:00 pm - 2:00 pm	Lane Swim	Main Pool	Fast	Swimming
1:00 pm - 2:00 pm	Lane Swim	Main Pool	Slow	Swimming
1:00 pm - 2:00 pm	Family Swim	Teaching Pool	All Levels	Swimming
3:00 pm - 4:00 pm	Public Swim	Main Pool	All Levels	Swimming
3:00 pm - 4:00 pm	Family Swim	Teaching Pool	NA	Swimming
4:00 pm - 6:30 pm	iSwim Swimming Lessons	Teaching Pool		Swimming
5:30 pm - 6:30 pm	Lane Swim	Main Pool	NA	Swimming
5:30 pm - 6:30 pm	Family Swim	Teaching Pool	All Levels	Swimming
7:00 pm - 8:00 pm	Adult Swimming Lessons	Main Pool		Swimming
8:00 pm - 9:00 pm	Private Hire	Main Pool		Swimming
8:00 pm - 9:00 pm	Private Hire	Teaching Pool		Swimming