## **Swimming Timetable Impulse Leisure - Corringham**

Accurate as of 10/05/2024

Times for Monday 1 April				
Time	Session	Facility	Level	Туре
7:00 am - 8:00 am	Lane Swim	Main Pool	Fast	Swimming
7:00 am - 8:00 am	Public Swim	Teaching Pool	All Levels	Swimming
7:00 am - 8:00 am	Lane Swim	Main Pool	Slow	Swimming
9:15 am - 10:00 am	Aqua workout	Main Pool	NA	Water Based
10:00 am - 12:00 pm	Private Hire	Main Pool	NA	Swimming
1:30 pm - 2:30 pm	Swimming Pool Closed	Main Pool	All Levels	Swimming
3:00 pm - 4:00 pm	Swimming Pool Closed	Main Pool	All Levels	Swimming
3:00 pm - 4:00 pm	Swimming Pool Closed	Teaching Pool	All Levels	Swimming
4:45 pm - 5:45 pm	Swimming Pool Closed	Main Pool	All Levels	Swimming
6:15 pm - 7:15 pm	Swimming Pool Closed	Teaching Pool	All Levels	Swimming
8:45 pm - 9:45 pm	Swimming Pool Closed	Main Pool	Fast	Swimming
8:45 pm - 9:45 pm	Swimming Pool Closed	Teaching Pool	All Levels	Swimming
8:45 pm - 9:45 pm	Swimming Pool Closed	Main Pool	Slow	Swimming