

# Swimming Timetable

## Impulse Leisure - Corringham

Accurate as of 20/08/2024

### Times for Monday 26 August



Time	Session	Facility	Level	Type
7:00 am - 8:00 am	Lane Swim	Main Pool	Fast	Swimming
7:00 am - 8:00 am	Public Swim	Teaching Pool	All Levels	Swimming
7:00 am - 8:00 am	Lane Swim	Main Pool	Slow	Swimming
9:15 am - 10:00 am	Aqua workout	Main Pool	NA	Water Based
10:00 am - 12:00 pm	Private Hire	Main Pool	NA	Swimming