

# Swimming Timetable

## Impulse Leisure - Corringham

Accurate as of 27/12/2024

### Times for Monday 30 December



Time	Session	Facility	Level	Type
7:00 am - 8:00 am	Lane Swim	Main Pool	Fast	Swimming
7:00 am - 8:00 am	Public Swim	Teaching Pool	All Levels	Swimming
7:00 am - 8:00 am	Lane Swim	Main Pool	Slow	Swimming
9:15 am - 10:00 am	Aqua workout	Main Pool	NA	Water Based
10:00 am - 12:00 pm	Private Hire	Main Pool	NA	Swimming
1:00 pm - 2:00 pm	Public Swim	Main Pool	All Levels	Swimming
1:00 pm - 2:00 pm	Public Swim	Teaching Pool	All Levels	Swimming
3:00 pm - 4:00 pm	Public Swim	Main Pool	All Levels	Swimming
3:00 pm - 4:00 pm	Public Swim	Teaching Pool	All Levels	Swimming
4:45 pm - 5:45 pm	Public Swim	Teaching Pool	All Levels	Swimming
4:45 pm - 5:45 pm	Public Swim	Main Pool	All Levels	Swimming
6:30 pm - 7:30 pm	Public Swim	Main Pool	All Levels	Swimming
6:30 pm - 7:30 pm	Public Swim	Teaching Pool	All Levels	Swimming
8:45 pm - 9:45 pm	Lane Swim	Main Pool	Fast	Swimming
8:45 pm - 9:45 pm	Public Swim	Teaching Pool	All Levels	Swimming
8:45 pm - 9:45 pm	Lane Swim	Main Pool	Slow	Swimming