

# Swimming Timetable

## Impulse Leisure - Corringham

Accurate as of 27/12/2024

### Times for Thursday 2 January



| Time                | Session     | Facility      | Level      | Type     |
|---------------------|-------------|---------------|------------|----------|
| 7:00 am - 8:00 am   | Lane Swim   | Main Pool     | Fast       | Swimming |
| 7:00 am - 8:00 am   | Public Swim | Teaching Pool | All Levels | Swimming |
| 7:00 am - 8:00 am   | Lane Swim   | Main Pool     | Slow       | Swimming |
| 9:00 am - 10:00 am  | Public Swim | Main Pool     | All Levels | Swimming |
| 10:30 am - 11:30 am | Lane Swim   | Main Pool     | Fast       | Swimming |
| 10:30 am - 11:30 am | Lane Swim   | Main Pool     | Slow       | Swimming |
| 12:00 pm - 1:00 pm  | Lane Swim   | Main Pool     | Fast       | Swimming |
| 12:00 pm - 1:00 pm  | Lane Swim   | Main Pool     | Slow       | Swimming |
| 1:30 pm - 2:30 pm   | Public Swim | Main Pool     | All Levels | Swimming |
| 1:30 pm - 2:30 pm   | Public Swim | Teaching Pool | All Levels | Swimming |
| 3:00 pm - 4:00 pm   | Public Swim | Main Pool     | All Levels | Swimming |
| 3:00 pm - 4:00 pm   | Public Swim | Teaching Pool | All Levels | Swimming |
| 4:30 pm - 5:30 pm   | Public Swim | Main Pool     | All Levels | Swimming |
| 4:30 pm - 5:30 pm   | Public Swim | Teaching Pool | All Levels | Swimming |
| 6:00 pm - 7:00 pm   | Public Swim | Teaching Pool | All Levels | Swimming |
| 6:00 pm - 7:00 pm   | Public Swim | Main Pool     | All Levels | Swimming |
| 8:00 pm - 10:00 pm  | Swim Club   | Main Pool     | NA         | Swimming |