group exercise programme Tandridge Leisure Centre

Accurate as of 17/05/2024

| Times for Saturday 23 February | | | • |
|--------------------------------|------------------|----------|----------|
| Time | Session | Facility | Level |
| 8:30 am - 9:30 am | Freedom Circuits | Studio 1 | beginner |
| 9:45 am - 10:45 am | Yoga | Studio 1 | beginner |