group exercise programme
Tandridge Leisure Centre

Accurate as of 05/05/2024

Times for Thursday 25 April

Time	Session	Facility	Level
8:30 am - 9:15 am	Aqua Aerobics	Indoor Pool (25.0m)	beginner / intermediate
9:30 am - 10:30 am	Yoga	Studio 2	beginner / intermediate