exercise class programmeWoking Sportsbox

Accurate as of 28/04/2024

| Times for Saturday 12 October | | | | <u>()</u> |
|-------------------------------|--------------|----------|------------|-----------|
| Time | Session | Facility | Level | |
| 10:00 am - 11:00 am | Body Balance | studio 2 | all levels | |
| 10:15 am - 11:15 am | Zumba | studio 1 | all levels | |