## exercise class programme Woking Sportsbox

## Accurate as of 19/05/2024

| Times for Saturday 27 April |                |          | 0          |
|-----------------------------|----------------|----------|------------|
| Time                        | Session        | Facility | Level      |
| 9:00 am - 9:45 am           | Body Attack    | studio 2 | all levels |
| 9:15 am - 10:00 am          | Ballet Fitness | studio 1 | all levels |
| 10:00 am - 11:00 am         | Body Balance   | studio 2 | all levels |
| 10:15 am - 11:15 am         | Zumba          | studio 1 | all levels |