

public swimming times

Arc Leisure Matlock

Accurate as of 28/04/2024

Times for Monday 18 March



| Time | Session | Facility | Level |
|---------------------|--------------------|---------------|-------|
| 7:00 am - 7:45 am | Lane Swimming | Main Pool | |
| 8:00 am - 8:45 am | Parents & Under 8s | Teaching Pool | |
| 8:00 am - 8:45 am | Lane Swimming | Main Pool | |
| 9:00 am - 9:45 am | Parents & Under 8s | Teaching Pool | |
| 9:00 am - 9:45 am | Lane Swimming | Main Pool | |
| 11:30 am - 12:15 pm | Lane Swimming | Main Pool | |
| 12:30 pm - 1:15 pm | Lane Swimming | Main Pool | |
| 4:00 pm - 6:00 pm | Swim School | Teaching Pool | |
| 4:00 pm - 6:30 pm | Swim School | Main Pool | |