

public swimming times

Arc Leisure Matlock

Accurate as of 17/05/2025

Times for Wednesday 20 March



Time	Session	Facility	Level
7:30 am - 9:30 am	Open Swim with Lanes	Main Pool	
9:30 am - 11:30 am	School Swimming	Main Pool	
9:30 am - 11:30 am	School Swimming	Teaching Pool	
11:30 am - 12:25 pm	Toddler Splash (Parent & Under 5 yrs)	Teaching Pool	
11:30 am - 1:30 pm	Open Swim with Lanes	Main Pool	
12:30 pm - 1:00 pm	Swim School	Teaching Pool	
1:00 pm - 1:30 pm	Open Swim	Teaching Pool	
1:30 pm - 3:00 pm	School Swimming	Main Pool	
1:30 pm - 3:00 pm	Open Swim (2/3 pool)	Main Pool	
1:30 pm - 3:00 pm	School Swimming	Teaching Pool	
3:00 pm - 4:00 pm	Open Swim with Lanes	Main Pool	
3:15 pm - 6:00 pm	Swim School	Teaching Pool	
4:00 pm - 6:00 pm	Open Swim (1/3 pool)	Main Pool	
4:00 pm - 6:00 pm	Swim School	Main Pool	
6:00 pm - 7:45 pm	Adult Lanes	Main Pool	
7:45 pm - 10:00 pm	Private Hire	Main Pool	