

# public swimming programme

## Hudson Leisure Centre

Accurate as of 10/05/2024

Times for Monday 16 September			
Time	Session	Facility	Level
6:30 am - 8:45 am	Lane Swimming (3 lanes)	main pool	
6:00 pm - 6:45 pm	Lane Swimming (3 lanes)	main pool	
7:45 pm - 8:30 pm	Adult Lessons	main pool	