## public swimming programme Hudson Leisure Centre

## Accurate as of 02/05/2024

Times for Wednesday 25 September				٩
Time	Session	Facility	Level	
6:30 am - 8:45 am	Lane Swimming (3 lanes)	main pool		
4:00 pm - 6:00 pm	Swim School	main pool		
6:00 pm - 6:45 pm	Open Swim (2/3 pool)	main pool		
7:00 pm - 8:00 pm	Aqua Aerobics	main pool		