

# public swimming programme

## Hudson Leisure Centre

Accurate as of 18/05/2024

Times for Thursday 25 April			
Time	Session	Facility	Level
6:30 am - 8:45 am	Lane Swimming (3 lanes)	main pool	
9:00 am - 12:00 pm	School Swimming	teaching pool	
9:00 am - 12:00 pm	School Swimming	main pool	
12:00 pm - 12:45 pm	Parent & Toddler (under 5s)	teaching pool	
12:00 pm - 1:00 pm	Lane Swimming (3 lanes)	main pool	
1:30 pm - 2:30 pm	School Swimming	main pool	
1:30 pm - 2:30 pm	School Swimming	teaching pool	
2:30 pm - 7:00 pm	Swim School	teaching pool	
3:00 pm - 3:45 pm	Open Swim (3 lanes)	main pool	
4:00 pm - 6:00 pm	Swim School	main pool	
6:00 pm - 9:00 pm	Swim Club	main pool	