

Kids, Teens & Family Classes & Activities

Fleetwood YMCA Leisure Centre

Accurate as of 19/04/2024

Times for Saturday 30 March



| Time | Session | Facility |
|---------------|----------------------------|-------------------------|
| 07:30 - 16:30 | Junior Gym 14-16yrs | Y:Active Fitness Studio |
| 09:30 - 12:00 | Swimming Lessons | Y:Active Fitness Studio |
| 10:00 - 13:00 | Family Gym Sessions (12+) | Y:Active Fitness Studio |
| 11:15 - 12:00 | Fun Family Synrgy 8+ | Y:Active Fitness Studio |
| 13:30 - 14:15 | Family Fun Pool Activities | Y:Active Fitness Studio |
| 15:00 - 15:30 | Synrgy (12-16 yrs) | Y:Active Fitness Studio |